DEEN-A-LEGGUE

FROM THE EDITOR'S DESK

Presented to you by the editorial team of grade 7D, this edition is dedicated to the vibrant performing arts of India, celebrating Teacher's Day, along with the other happenings that keep the corridors of Deens buzzing with excitement.

Section 1- News@ Deens Academy, Gunjur Theme of the Month- Performing Arts of India



The theme for the month is 'Performing Arts of India.' From vibrant folk theatre and soulful classical tunes to the rhythmic beats of traditional instruments and stories that come alive on stage. Performing arts are how people express emotions, ideas, and traditions to an audience.

The performing arts of India hold immense significance as they preserve our culture and heritage, tell stories through art, and connect generations. When it comes to performing arts, India truly has it all —from Bharatanatyam, a graceful dance from Tamil Nadu, and Kathak, with elegant spins and expressive storytelling from Uttar Pradesh, to Yakshagana, the colourful theatre of Karnataka that blends dance, music, and myth.

These art forms were never just performances — they were ways people prayed, celebrated harvests, told legends, or even protested. Each state's art reflects its environment, beliefs, and lifestyle: the deserts of Rajasthan gave rise to energetic folk dances, while the river valleys of Bengal inspired fluid music and dance styles. To conclude, performing arts are more than just performances — they are the heartbeat of India's culture.

- Akshada Saxsena, 7D

Teacher's Day



Our school celebrated Teacher's Day on 5th September 2025 and it was the perfect opportunity for students to share their love and appreciation for their dedicated mentors. The excitement during the program was electrifying to say the least. Students participated in many performances, especially for the shining stars who guide them day in and day out to be the best versions of themselves.

The stage lit up with energetic dance performances, heartfelt song renditions and a humorous theatrical skit depicting a day in the life of a teacher. Laughter, applause, and cheers filled the stage area. The choir performed a wonderful musical medley dedicated to teachers making learning so fun! It was truly a day to remember. Lessons may be forgotten, but a good teacher will be remembered for life!

Ruthvika Reddy, 7D

Hindi Diwas

Hindi Divas is celebrated every year on 14 September to honor our national language, Hindi. It is an important day for all Indians because it reminds us of the beauty and value of our language. It commemorates the adoption of Hindi as one of the official languages of the Republic of India. The date marks the consensus reached in 1949 during the drafting of the Constitution of India, when the Constituent Assembly decided on the official language framework for the nation.

Schools and colleges all over India celebrate Hindi Divas with great excitement. We celebrated it on 9th September. There were speeches and poetry recitations. Students also performed songs and a play in Hindi.

Hindi Diwas is celebrated remind us to respect the Hindi language. Even though India has many languages, Hindi helps connect people from different regions. It represents our culture, unity, and identity. Hindi is not just a language—it is a part of who we are as Indians. It brings us together and helps us express our thoughts and feelings.

Noyonika Dasgupta, 7D



Interview With the Dancing Duo of Grade 6- Tanishtha and Tanishi Gambhir



Classical dance is more than just an art form—it is a language of expression, tradition, and devotion that transcends generations. We are interviewing two accomplished classical dancers, Tanishi from 6E and Tanishtha from 6C, who have dedicated their time to mastering the grace, discipline, and storytelling that defines this timeless art. They are an inspiration to all the students!

When did you both start learning kathak?

Answer: We started kathak when we were four-and-a-half-year-old and we cried on our first attempt! But now it has become a big part of our life and we cannot imagine not dancing!

How long do your practice sessions last?

Answer: We practice for two hours on weekends and one hour on weekdays. We also practice when we have free time.

How do you both manage academics and dance?

Answer: Academics always come first, but we always ensure we leave time for practicing after we have finished our studies for the day and on weekends.

Which dance school do you go to?

Answer: We are currently learning kathak at Kellenza Dancing and Music Academy.

Who is your inspiration? Any specific Kathak dancer?

Answer: We are inspired by a legendary dancer, Birju Maharaj, who is renowned for his excellent expressions. Our teacher also inspires us to give our best to our dance.

What are your other interests, apart from kathak?

Answer: We like playing chess and football.

How did it feel to win this competition, and what was going through your mind when they announced your names?

Answer: We didn't expect that we would win. We were surprised but definitely thrilled! We felt others were better, and we thought we would get 4th or 5th place. But yes, thrilled because our hard work finally paid off.

What was the most challenging part of preparing for this competition?

Answer: The most challenging part was performing our duet in sync.

How did you coordinate your dance so well?

Answer: Dance needs a lot of practice. We practiced for an hour even after Kathak class for this competition which helped us coordinate our dances perfectly. Of course, understanding each other's rhythm and movement was essential too.

Sahodaya Awards



Congratulations to Ms Hemlata Pande, Principal – Gunjur Campus, on receiving the School Crusader Award, in recognition of her outstanding leadership and invaluable contribution to education.



Heartfelt congratulations to Ms. Anita Dhiman, Faculty, Hindi, Deens Academy, Gunjur, on being recognized as the School Champion – Language Educator!

Conferred by Bangalore Sahodaya Schools Complex Association

Section 2- News@ The Deens Academy, Whitefield Innoventure 2025: Innovation in Mental Health – Minds that Create, Hearts that Heal

On October 18, 2025, The Deens Academy hosted its inaugural annual entrepreneurship showcase, Innoventure 2025, under the inspiring theme "Innovation in Mental Health – Minds that Create, Hearts that Heal." The event celebrated both Mental Health Month and the spirit of entrepreneurship, blending creativity, compassion, and problem-solving as twelve student teams presented business ideas focused on improving mental well-being.



"Help" by The Beatles set an upbeat tone for the day.

Innoventure 2025 was led by the Entrepreneurship, Psychology and school Counselling departments. The day showcased how innovation and empathy can come together to create meaningful impact. The programme opened with a warm welcome by the Principal, Mrs. Shanti Menon, who spoke about the importance of using technology mindfully. Her words were followed by a vibrant performance by the school band, whose rendition of

An engaging panel discussion followed on "The Use of Innovation and Technology in Mental Health." The distinguished panellists shared their experiences on how technology can support emotional well-being. They included Mr. Sridhar Pallia (Entrepreneur, Psychologist, and Teen Coach), Mrs. Zeba Khan (Engineer and Founder of XenReality), Ms. Farah Tasneem (Counsellor at Anna Chandy & Associates), Dr. Raghavendra Kumar K (Child Psychiatrist and Founder of Mana Mandira Healthcare), and Ms. Nitya Ramakrishna (Community Leader from Whitefield Rising and Thrive), moderated efficiently by Yashvi Kariwala, 12D.

After the discussion, the spotlight turned to the student entrepreneurs. Each of the twelve teams presented a one-minute pitch, unveiling creative solutions to real-world mental health challenges. Visitors then explored the exhibition stalls, where teams showcased their working models—from sensory well-being kits and AI therapy apps to stress-management tools and self-care innovations.

The energy remained high at the voting pavilion, where guests viewed the teams' one-minute commercials and cast their votes for their favourites. A crowd favourite was "The Deens 73 Questions" video, offering a fun peek into how members of the school—from the Principal to the Matron—manage their own stress. The event concluded with a heartfelt closing ceremony and an encouraging address by School President Mr. S. A. R. Adil, who applauded the students for their creativity, teamwork, and courage to innovate.

Innoventure 2025 shone as a celebration of young minds and big hearts—a powerful reminder that when innovation meets empathy, ideas do more than create change; they heal, inspire, and connect us all.

Ethnic Day

On the seventeenth of October 2025, we Deenites set foot into our campus draped in vibrant ethnic clothing of all kinds. Our very own ethnic day marked the start of our Diwali celebrations.

From the morning to evening the day was filled with colorful laughter. Seeing our peers dressed all bright and shiny a breeze of excitement rushed through all of us! The day began with the flash of the camera, capturing the shine of our smiles from every angle. From the staircase to the back of our classroom, numerous pictures were clicked in every corner of our school with all our classmates. This was just the start to a day drenched in joy. As the day progressed, we experienced our very own ramp walk, where every single student had the opportunity to flood our imaginary red carpet with their glam and style. The classroom was filled with energetic cheers and applause, encouraging our peers. Although we studied through some parts of our day, there never was a moment without thrill or happiness! We carried back home multiple memories from one of the best days of our 9th grade while embracing our very own culture!

-Mokhita Sivakumar of 9B

Duellum Dialogus



The second edition of Duellum Dialogus was hosted this year in October 2025. Months of anticipation led up to one of our most awaited events of the year – an interschool debate competition where powerful speakers opposed each other in a British Parliamentary setting.

Three senior committees and two junior committees were filled with representatives of various schools across Bangalore, each with a topic of discussion more interesting than the last. Bold and confident speakers met well-informed orators in a competition that rivalled professional debates.

Duellum Dialogus 2025 was truly a success - the experience of an official parliamentary debate for students across Bangalore to partake in and to learn the art of weaving words in a powerful manner.

Section 3- News@Kideens
October: A Month of Festivity and Learning October brought a joyful blend of celebration and discovery across our early years classrooms.



Our little ones had a fabulous September and October! They enjoyed a playful fine motor activity by decorating hair with colourful tic-tac clips. Our curious learners also had a wonderful time working with the Spindle Box. The highlight of the day was a joyful role play, where the children brought the classic story "Dear Zoo" to life! Each child dressed up as different characters from the tale, eagerly waiting to discover which animal would appear from the parcel next. Their laughter, curiosity, and big smiles made the day truly unforgettable!

The LKG kids performed the story "Monkeys and the Cap seller" through role play. They enjoyed acting with confidence while learning teamwork and speaking skills. Our UKG kids filled with fun and learning. Children enjoyed sand play and celebrated Green Day with painting activities. They were thrilled to watch the puppet show ,"The Smartest Giant in Town." As part of their learning, they explored mini beasts and even created their own, confidently speaking about them. In Little Orators, they expressed what they want to become when they grow up. The month ended beautifully as they learnt to draw a simple rangoli.



The PG babies had a delightful time during the Five Little Monkeys activity! The classroom was filled with laughter and cheer as the children hopped, danced, and sang along to the lively rhyme — "Five little monkeys jumping with glee, having fun as happy as can be!" Through this playful session, children explored rhythm, coordination, and counting in the most joyful way. Our little learners in LKG explored the concept of more and less through a fun, hands-on activity using colorful cubes and number chits. Engaging in playful comparisons and counting exercises, the children developed their early math skills with excitement and confidence. The children of UKG turned into little gardeners as they created their very own Kideens garden! With excitement and curiosity, they sowed vegetable seeds and gently watered them, learning how plants grow and thrive with care and patience.

Ms. Angeline, Headmistress, KIDEENS, BR Campus



Ms. Angeline, Headmistress, KIDEENS, BR Campus was recently awarded "The Creative Nurturer" award by Bangalore Sahodaya Schools Complex Association, for her commitment to inspiring young minds and nurturing creativity through every initiative.

Receiving this award is a proud and humble milestone in my journey as an educator. From my early days as a teacher to taking on roles as Section Head, Academic Head, and now Headmistress, every phase has been a blend of challenges and immense fulfillment. Each step has brought new learning and countless moments of joy that have shaped who I am today. This achievement would not have been possible without the unwavering support of The Deens Academy. The trust and encouragement I've received have allowed me to explore creativity, imagination, and originality in ways I never thought possible. I am deeply grateful to my colleagues and the management for their affection and belief in me—they have been my pillars of strength throughout this journey. I hold a firm belief that the true essence of teaching lies in making learning fun, engaging, and contagious—sparking curiosity that inspires lifelong learning.

Lollapalooza



Kideens Lollapalooza, the annual children's carnival, celebrated creativity, enthusiasm, and youthful energy. It provided a platform for kindergarteners from various schools to showcase their talents in music, dance, storytelling, and more, fostering collaboration, self-expression, and community. The event highlighted our commitment to nurturing holistic development and celebrating each child's unique abilities.

Section 4- From The Teacher's Desk- Ms. Liya Abraham, Faculty/Supervisor, KIDEENS, Gunjur Campus, Teaching Through Art: The Unconventional Canvas



In a kindergarten classroom, art is not confined to crayons and colours it's a celebration of imagination that finds expression in the most unexpected ways. I believe every child sees the world differently, and when given

the freedom to explore, even the simplest object can turn into something extraordinary. This idea of using an unconventional canvas has become one of my favourite ways to nurture creativity in my classroom. Children are encouraged to use any material they find around them to create something new. It's heartwarming to see how a sharpener can become a tiny robot, cube converted to hot air balloons, A leaf can transform into a butterfly, or a spoon can turn into a smiling face. These moments of creation spark joy,

curiosity, and pride as children discover that art can exist anywhere their imagination takes them. Through these experiences, they develop not only artistic skills but also problem-solving abilities, patience, and a sense of wonder. The unconventional canvas teaches them that creativity has no limits that every idea, no matter how small, can become something beautiful. Watching their little hands and bright eyes bring everyday materials to life reminds me that true learning often begins with a spark of imagination.





Hands and minds that worked together

Akshadha Saxena, Noyonika Dasgupta, Ruthvika Reddy. N-7D