DEEN-A-LEGUE

FROM THE EDITOR'S DESK

Presented to you by the editorial team of grade 7, this edition is dedicated to generating awareness about our forests and appreciating relationships, along with the other happenings that keep the corridors of Deens buzzing with excitement.

1. News@ Deens ,Gunjur Aranya – Our wealth, our tranquil space

The feeling when the world takes a pause as you stand amidst the trees: this feeling is called Aranya. Aranya is a Sanskrit word, meaning 'forest'. The word evokes a sense of nature, abundance, and freedom. It is from the Aranyakas, Vedic texts that bridge the ritual heavy Brahmanas and the deeply philosophical Upanishads. Aranya can symbolize many things, philosophy, mindfulness, spirituality, and nature. To embrace Aranya is to look after and appreciate the natural beauty around us and to find time to breathe in our cluttered lives. Aranya is something we all should learn from and live by, as to follow Aranya is to be free and to care for what we cannot lose.

Our school community spread the knowledge about our forests, our natural wealth through board presentations, special assembly talks and class activities.

-Kresha 7B

Dad and Me - Celebrating the Special Bond



The "Dad and Me" event was a heartwarming celebration specially crafted for students of grade 2 and their fathers, offering a beautiful platform to deepen their bond and spend meaningful time together. The purpose of this occasion was to nurture the father-child connection, acting as a catalyst for positivity, love, and care within families.

The day began with a cheerful welcome as students performed a lively song in both Hindi and English. The auditorium came alive with smiles and applause, filling the atmosphere with warmth and joy as little voices proudly sang for their dads, setting a perfect tone for the day.

The first activity, the **Word Search Challenge**, sparked friendly competition as fathers and children teamed up to uncover 26–27 hidden words within a grid under a tight five-minute countdown. The hall echoed with laughter and excitement as pairs raced against time, and five winning teams were celebrated for their sharp focus and teamwork.

This was followed by the **Riddle Round**, which brought humour and quick thinking to the spotlight. From playful riddles like "What has hands but cannot clap?" to trickier puzzles that required clever collaboration, dads and kids shared moments of brainstorming, laughter, and triumph as they solved each challenge together.

The energy soared during the **Dancing Newspaper Game**, where fathers and children danced on a newspaper sheet that kept shrinking each round. The hall was filled with giggles, playful balancing acts, and pure fun, showcasing trust, coordination, and unforgettable teamwork.

The most touching moment arrived with the **Best Dad Trophy Ceremony**. Throughout the week, children had poured their love into crafting special trophies for their fathers. During the ceremony, they proudly presented these tokens of appreciation, and the room glowed with joy as proud dads accepted their heartfelt gifts.

The "Dad and Me" celebration truly succeeded in bringing fathers and children closer, leaving behind cherished memories of laughter, teamwork, and unconditional love—a day to be treasured forever.

- Sandra Soji, 7B

Mom and me- Because Moms are the best!



"Mom and Me" – An event to cherish for the students of grade 3 and their mothers! The students and their moms enjoyed spending time with each other, participating in many activities. This event was conducted on the 9th of July and the assembly area looked vibrant with all the children and their moms. The day started with a beautiful and heartwarming welcome song, to welcome the mothers, followed by "Fireless Cooking" competition each of the students along with their mothers presented healthy food without the use of fire. There were varieties of food made by the pair of the students and the mothers such as healthy chats, salads, various sugar free sweets and a beautifully presented sandwich. Each section had one winner, and the pair had received a certificate on the appreciation of their cooking. This was both a learning and a fun experience. At the end of the event, each mother was gifted a beautiful bouquet made by the students consisting of unique flowers These colours conveyed the students' appreciation and gratitude to their mothers

-Shree Vaishnavi, 7B

Grandparent's Day



On 24th July 2025, Our school celebrated Grandparents' Day, a heartfelt occasion dedicated to honouring and cherishing the special bond between children and their grandparents. This memorable event aimed to recognize the guidance, wisdom, and unconditional love that grandparents bring into the lives of their families. The celebration began with a warm and cheerful welcome, where the children delighted the audience with melodious songs and lively dance performances, leaving every heart filled with joy. To make the day even more special, the school thoughtfully arranged snacks and refreshments, ensuring that the elders felt completely at home.

The assembly ground buzzed with happiness and laughter, as proud grandparents, with smiles lighting up their faces, watched their grandchildren perform with love and enthusiasm. It was a beautiful sight to see generations come together, sharing precious moments, celebrating family values, and creating memories that will be treasured forever. After this, each pair of students, along with their grandparent enjoyed an activity in which they were given a photo frame and were asked to insert one of their photos. These unique photos were presented in a photo booth. The students also expressed their love to their grandparents by drawing beautiful and creative pictures and had a blast in this imaginative activity.

In addition to this activity, the students and their grandparents also participated in a quiz which consisted of both Kannada and English questions which made the grandparents feel both comfortable and excited. At the end of the event the grandparents and the students felt delighted, thoroughly enjoying every moment that they spent with each other.

- Sandra Soji and Shree Vaishnavi, 7B

Interview- Yashasvi Gautam, Grade 6C



Yashasvi Gautam of 6C recently participated in the Khannur FIDE State Classical Chess Tournament and finished 5" in the Under-11 category. When we sat down to talk with Yashaswi, his eyes lit up the moment the word chess came into the conversation. "It all started with my father," he recalled with a smile. "He taught me the basics, and then my brother became my partner. We would spend hours playing, trying new moves, and arguing who really won." Yashaswi first discovered chess back in Grade 3. He found the game fascinating, but his journey took an unexpected turn when the COVID-19 pandemic began. With schools closed, he suddenly had long days at home — the perfect chance to dive deeper into chess. "Corona gave me time," he admitted. "I practiced a lot during that period." However, when school life resumed, things changed. "I lost track for about a year," he said. "Homework, classes, and other activities kept me busy." But his love for chess never truly disappeared. During the summer holidays between Grades 4 and 5, he picked up the board and pieces again — and the spark returned instantly. Now, Yashaswi is more focused than ever. "I want to continue my passion," he said with determination. "One day, I dream of becoming a World Chess Champion." Listening to him, it's easy to believe that this young player has both the skill and the dedication to make that dream a reality. After all, champions are made not just from talent, but from the fire in their hearts — and Yashaswi's fire is only just beginning to burn. Yashasvi started to get involved in many chess competitions. He has participated in over 30 competitions and won 13 competitions along with receiving 4 medals and 10 trophies. He loved talking about these sweet and tender moments in his life. He participated in chess competitions such as "The National Level Chess Competition", "All India Check and Mate Tournament" and "The 13" circle chess competition".

"The National level chess competition" was one of the earliest competitions that Yashaswi had been to as this was for the ages under 8. This gave him an insight into the world of chess, it made him feel excited about the competition. He enjoyed the experience and continued to flourish his interest showcasing his talent. He continued to participate in many other competitions to showcase his talent and have times of enjoyment. "All India Check and Mate Tournament" was the moment in which after a long break of his academics and chess colliding with each other, he learnt more skills to excel in this path. Through hard work he earned higher ratings such as 1539 in one tournament and then 1445 in another tournament. These were one of the proudest moments in the path of chess, which he earned through determination and focus. The 13th Circle Chess Competition" was another merry moment that was celebrated by Yashasvi in great measures. In this competition he achieved 38 rating points. He enjoyed these small tournaments as it made a big difference in his journey to becoming a successful chess player. Now, how does Yashasvi handle his failures and successes? Despite being in just the 6th grade, he has a mature way in handling both outcomes. When faced with failure, he reflects on his mistakes and rectifies them through analysing what he did wrong and improving. In success, he hovers somewhere between a state of neutrality and happiness depending on how said successes impacted his ranking. He loves playing chess as it makes his mind sharper and more attentive. This has helped him in becoming both a good player and an excellent student.

- Sandra, Shree Vaishnavi and Kresha, 7B Spell Bee- Grades 1-5

Spell Bee- Grades 1-5



The final round of the Spell Bee competition for Grades 1–5 was held on Tuesday, July 1, 2025. Overall, it was an amazing experience! It began with a preliminary round in our English classes, where students completed a spelling-based worksheet. Based on their performance, two students from each section were selected as finalists. On the day of the finals, the top 10 contestants from each grade were all set and ready. A teacher read the words aloud while another kept track of the time. The challenge was to spell as many words correctly as possible in one minute. It was amazing to see how skilled every contestant was! When the results for Grade 5 were announced, there was a tie, leading to an exciting tie-breaker round. After that, the winners were finally declared by the teachers. It was truly a thrilling and unforgettable experience!

2. News @The Deens Academy, Whitefield

SPORTS ROUNDUP - JULY EDITION

July was a thrilling month for sports enthusiasts at The Deens Academy, marked by both spirited inter-house competitions and impressive performances at inter-school tournaments. The energy on the fields and courts was electric as students displayed exceptional skill, teamwork, and sportsmanship.

Inter-House Competitions

This month saw intense inter-house matches in football and basketball for both boys and girls. The school grounds came alive with cheers and competitive zeal as houses battled it out for top honours.

Football (Boys & Girls, Grade 6-8):

The inter-house football tournament witnessed high-energy matches where strategy and stamina were on full display. Congratulations to the Flavus House (Girls) and Rubrus House (Boys) for clinching the championship titles in their respective categories.

Basketball (Boys & Girls, Grade 6-8):

On the basketball courts, players demonstrated sharp coordination and strong defence strategies. The girls' finals were particularly gripping, with Prasinus House narrowly defeating their opponents in a nail-biting finish. In the boys category, Prasinus House emerged victorious after a series of well-fought matches.

Inter-School Competitions

The Deens Academy also made its mark at various inter-school sports events held across the city in July. Our students showcased not only their athletic excellence but also their sportsmanship and discipline. The Deens Boys Football Team advanced through multiple rounds, ultimately taking first place at the Inter-School Football Meet hosted by various schools. In the Girls Senior Basketball Tournament at DPS, our team played brilliantly, securing the runner-up position after a closely contested final. The Boys Senior Basketball Team continued its winning streak, bringing home the championship trophy from DPS.

We are proud of our athletes for their dedication, resilience, and team spirit. Their achievements have set a high standard and continue to inspire the entire student community. We look forward to more victories and memorable sporting moments in the months to come.

- Vasisht A.S. (7C)

Commerce Fest 2025



On 30th July 2025, the Senior Secondary School of The Deens Academy, with unwavering support from its faculty, hosted the much-anticipated VANIJYAM-Commerce Fest 2025. Inspired by the Sanskrit word Vanijyam, meaning trade or commerce, the fest was a vibrant confluence of intellect, innovation, and enterprise —where the currency was creativity and the returns, unforgettable. The event opened on a high note with an elegant inaugural ceremony, graced by the esteemed Principal, Mrs. Shanthi Menon, whose insightful address set the tone for the day. Her words—rich in vision and value—emphasized commerce as the cornerstone of uture leadership, adaptability, and global awareness. From Shark Tank to Stock Market Simulations, the events were a diversified portfolio of challenges, each designed to test the market mettle of the participants. Budding entrepreneurs made their pitch-perfect debuts in Shark Tank, floating bold ideas and reeling in applause. Meanwhile, the Stock Market Simulation had participants riding the bulls and dodging bears, proving their mettle in high-pressure trading scenarios.

Marketing & PR saw students cashing in on creativity, crafting slogans and brand strategies that could rival Madison Avenue. The game of persuasion was on full display, where packaging and pitch went together. In Monopoly, the stakes were real—even if the currency wasn't. This life-sized boardroom drama was a crash course in risk-taking, resource management, and economic diplomacy. The new entrant to the fest, Moot Court, raised the bar. Future legal eagles argued commercial conflicts with the poise of seasoned litigators. It was order in the court—and chaos in the competition. Then came the Cricket Auction, where fantasy cricket met fiscal reality. Participants built their dream teams on a tight budget, balancing passion with precision in a high- octane bidding war. The Treasure Hunt wrapped up the day, leaving no stone—or clue—unturned. This scavenger sprint was laced with financial riddles that tested both brainpower and teamwork under time pressure. When the dust settled, one name echoed louder than others: Christ Junior College. Their stellar performance across events showed not just financial fitness, but flawless synergy and sportsmanship. As they claimed the Rolling Trophy, the audience applauded not just victory, but the values it stood for—teamwork, strategy, and sheer determination. Behind the scenes, Deens' own student body worked like clockwork—juggling academics with event logistics, proving they could balance their books and budgets alike. Their resilience and entrepreneurial spirit were the true capital that fuelled the fest's success. VANIJYAM- 2025 wasn't just a celebration of skill—it was a masterclass in how Deens Academy nurtures the enterprising minds of tomorrow: investing in hard work, collaboration, and a bullish attitude toward learning, all while ensuring that the joy in the journey is never written off.

Sugar Consumption Awareness

Sugar can be harmful to our body if intake is increased it causes diabetes and heart diseases. It is the main type of carbohydrates, crucial for providing energy to the body cells. In children, sugar intake should be less than 25 grams (6teaspoons) above the age of 2.

Sugar Charts are an awesome way to prevent you from eating too much sugar. Sugar charts were suggested by Central Board of Secondary Education (CBSE) on May 17th, 2025, They must include-Recommend daily sugar intake, sugar content in common food, health risks associated with high sugar consumption, healthier dietary alternatives, etc. It was an excellent decision by the CBSE Board to ask schools to maintain sugar charts. It helps spread the awareness of how much damage sugar cando to our body.

-Aradhay Jaiswal & Kanav Kamboj 5D



3. News@ Kideens Gunjur Campus

LKG-

July was an exciting month for our little ones! When there are exciting activities like "Feed the Crayon box!", who wouldn't have fun? Children of LKG B took turns to identify the number quantified on the number names and find the correct number associated to it on the crayons and feed the crayon box with them



UKG-

The children of UKG-C were very eager to sort the rhyming words and rearrange them in the correct order. They were able to identify

the incorrect sequence and then successfully arranged the words, keeping in mind that rhyming words are those that have the same last two letters.



Our little PG-B explorers had a funfilled Month! They joyfully explored the world of fruits and

vegetables—washing, cutting, and learning about their importance in our daily diet. It was a hands-on way to encourage healthy eating habits! In a creative twist to shape learning, the children were introduced to the triangle shape by placing rajma seeds along its outline. This innovative activity made learning both interactive and exciting!



BR Campus-

The Blue Day celebrations at KiDeens Borewell Road campus was indeed a splashing success! The toddlers had a blast with the blue-themed activities, while the Play groups enjoyed imaginative play with rowing boat role-play. The LKGs creatively brought the ocean to life with their blue sea and fishes' craftwork, and the UKG children showcased their artistic skills with the clever Blue Jackal craft. What a fun-filled day of learning and creativity!



Engaging young minds through play!

Our toddlers-built vocabulary through interactive show-and-tell, while Playgroups learned through hands-on pizza baking. LKG students developed categorization skills with things that go together. UKG children discovered their world through sensory explorations. Play-based learning at its best!

-With inputs from Ms. Angeline John, Ms. Liya and staff.



4. From the Teacher's Desk- Ms. Chandrika Mohapatra, Faculty, Indian Dance, Deens Academy, Gunjur



Classical dance goes beyond just movements. It's an effective influence on young minds and hearts. In today's fast paced world, filled with stress and pressure, teaching children classical dance preserves cultural heritage and instils forgotten values of respect, discipline and dedication. It also helps them relax and unwind.

Indian classical dances like Bharatanatyam, Kathak, Odissi, Kathakali, Kuchipudi, Mohiniattyam, Manipuri and Sattriya have several physical, mental, and emotional benefits. They teach endurance, concentration, and coordination and improve creativity, concentration, and memory.

Footwork with rhythm, expression, and symbolic storyline involves the usage of both sides of the brain, building logic as well as imagination. Determination creates patience and discipline.

Classical dance also teaches confidence, self-control. Stage performances bring about an increased sense of self-worth, while learning under the guru creates humility and respect. The children are infused with the importance of practice, beauty of expression, and importance of tradition.

Above all, classical dance educates you about your sense of identity and about your cultural heritage. Today's generation feels alienated from their roots. With the onset of computers and the internet, classical dance becomes a stabilizing factor. It's not to make an individual a professional dancer, it's about making him or her a balanced and culturally enriched individual.

Hands and Minds that Worked Together

