

## From The Editor's Desk

Presented to you by the editorial team of grade 7, here is the first edition of the newsletter, capturing the essence and the highlights of the first month.

- Hemalata Pande, Principal

# DEEN-A-LOGUE



DEENS  
ACADEMY

June 2024-25

## Section A- News @ Deens, Gunjur



## Investiture and Awards Ceremony



The academic year began with the Investiture ceremony at Deens Academy, Gunjur, on Founder's Day, Tuesday, June 11th. The recently elected student council members of our school were invested with their titles and responsibilities. The head boy, house captains, cultural secretary, editor and prefects took a solemn oath to perform their duties to the best of their ability. This was followed by a melodious recital by our school choir, filling the air with their harmonious voices. On this occasion, the class 10 and PU toppers were felicitated for their stupendous performance in the board exams and students from each grade were also honoured for their academic performances. It was a day that would stay with every Deenite for a long time to come!

## Spell Bee- Grades 6-8



Every year, our school conducts the exciting Spell Bee, in June, to kickstart the competitions for the academic year. This year the finals were held on 14th June, for grades 6 to 8. The finalists were chosen after the prelims. It was nail biting final, which will not be forgotten for a long time! The tie breakers, timers, and nerve-wracking spellings made us all, as the audience, hold our breath! The Spell Bee helps get us an edge in our spelling and improve our vocabulary.

-Sahana Girish and Ashlyn ,7A

## Spell Bee- Grades 6-8



Grades 7, 8 and 9 had their first bagless day of this academic year on Saturday, 1st June. Students wait with bated breath for bagless days! This fun-filled day included MAD Ads, basic stitching and free style dancing for grade 7; Greeting card making, rap dancing and physical training activities for grade 8. Grade 9 had an extremely fulfilling day with agarbathi making, bookmark making, financial literacy and election awareness sessions. Grades 7 and 8 had informative sessions on "Biomimicry", which was not only immensely informative, but interesting too.

-Anagha Nair 7A

## Spell Bee- Grades 6-8



The special assembly is a much-anticipated event, specially selected to highlight our students' talents. Each assembly revolves around a specific theme and this time, it was all about 'Honesty'. The assembly began with a spectacular dance choreographed to welcome the parents, setting the tone for the event. The audience was treated to a series of graceful and energetic dances, beautifully sung songs by our talented choir, and skits that creatively illustrated the importance of honesty. Each act was a testament to the hard work and dedication of our students. For a grand finale, the entire Grade 7 danced happily in the joy of their success. Our students' efforts were clear in their performances, making the assembly a delightful and memorable experience for everyone. We are incredibly proud of their achievements and the way they highlighted their talents on this special day.

-Durga Devdath, 7A



## International Day of Yoga



The International Day of Yoga celebrated on the summer solstice of two-thousand twenty-three, 21<sup>st</sup> June 2023 to be precise, at our school campus epitomised the teachings and the philosophy of Sage Patanjali. In the hotch-potch environment around us, reaching tranquillity as difficult as learning French in a day. Even though we do not need a particular special day to start, rediscovering the principles of Yoga on this special day, along with our classmates and teachers, made it a day to remember. Fresh in the morning, we practiced many such asanas and pranayama techniques. The program was conducted by our Yoga Teacher, friends and all the PE teachers. The session helped us get rid of negative thoughts without reacting, carry out a clarity of a mind and refine our internal conscience. We also took a pledge to practice Yoga daily to keep our physical, mental and spiritual health. As Buddha said, "Each morning we are born again. What we do today is what matters most."

-Anagha Nair, 7A

Guest lectures on yoga and nutrition were conducted for grades 1 and 4, where students not only practised yoga exercises, but also learnt about the value of good nutrition, for a healthy body and a sound mind.



## The Adventure seeker- Kanha Aboti, 7E

Kanha Aboti of 7E had been on a trek to "Everest Base Camp" along with his mother, he reached an altitude of 18 thousand feet. The trek was difficult and filled with challenges, yet he says that he was mesmerized by the breathtaking scenery. Highlights of this trek include acclimatization, encounters with local flora and fauna, the role of Sherpas (local person), the perseverance required to navigate the harsh conditions. He also emphasises the importance of mental preparation and the transformative power of nature.



We hope to see him scale the summit of Everest very soon. The editorial team met up with him to ask him about his experiences.

- 1. What had inspired you to trek the Himalayas?**  
I have always wanted to experience the peace and quiet of the Himalayas.
- 2. How did you prepare for such a challenging hike?**  
To prepare for this hike, I climbed a building of a 12-storey tower 5 times every day and performed different Yoga Asanas.
- 3. What was the most surprising thing that you encountered on the trail?**  
I saw a lot of snow and frozen glaciers., and mountain goats too.The terrain didn't bother them at all. Climbing on snow is no easy task!
- 4. What advice would you give to other young people who want to take on similar adventure?**  
I would tell them that they should be well prepared and trained, exercise, consume a nutritious diet and walk slowly during the trek.
- 5. What made this a memorable experience for you and your mom?**  
I trek with my mom because she takes care of me when I go through tough times zon the trek. What made this a memorable experience for me, and my mom is that we used to trek the Himalayas 15km each day till we reached the peek and I felt it was a great bonding experience for us.
- 6. Would you consider doing another challenging adventure with your mom? And if so, where would it be?**  
Yes, I would consider going on another trek with my mom and it would be to Mt. Everest.

- Preity Sriram & Anagha Nair, 7A

## Section B- News@ The Deens Academy, Whitefield

### Investiture Ceremony



On the 10th of June 2024, the newly elected leaders of The Deens Academy stood firm with gleaming pride and a twinkle of enthusiasm in their eyes. As the band major struck the chord, the contingent marched forward to the vibrant beats of the band. Like diverse instruments in an orchestra, each student council member brings in their unique talents, perspectives, and passions, blending to create a symphony of leadership.

- Syna Sharma, 11A

### Founders Day



The blue sky, full of twirling clouds and a refreshing breeze, added to the friendly atmosphere on a bright Monday morning of the 10th of June 2024. his stunning atmosphere was that of the 18th Anniversary of the Deens Academy and we had all gathered for the Founder's Day Award Ceremony!

The event commenced with the Chairman of The Deens Trust, Aadil Sir felicitating the top achievers of Grades 10 and 12. This was followed by the award distribution. The enthusiastic crowd cheered and applauded their friends' achievements with gusto. The teachers' faces glowed with pride as they watched their students being awarded for their commendable performance. The ceremony inspired all of us Deenites to take ourselves to great heights.

Pratyush Mijar- 8E

## Deens PU College, Gunjur

### Investiture And Awards Ceremony



Investiture ceremony stands as a momentous event within any institutional cocoon, marking the ascension of a new guard of leadership. At Deens PU College, Gunjur, the ceremony took place for both CBSE as well as PUC on 11th June 2024. The council consisted of various leaders: The College Student Representative, Class Representative PU 2, Class Representative PU1 and Cultural Secretary. The Award ceremony commenced shortly after the investiture ended. The hosts Zenita, Maitreyi, and Nivedhya, introduced the overall academic achievers of PUC. Our College Topper Kupendra Kushal G with 95.33%, Adithya Prasanth Kumar with 93.5% and Vinusha Nayak with 93.33% were conferred with certificates for their remarkable performance. Our Students Shobana Ramarathnam and Charuhasini Pagala who scored Centum in Psychology were also awarded for their outstanding performance along with our PU1 and PU2 toppers. It was indeed a proud and inspirational moment for us. We had a mesmerizing fusion dance performance by the PUC girls as well. This is the first event of the year, and there are many more yet to come. Looking forward to a year filled with competitions, cultural events and the most important element, growth in our college.

- Shriya Pattnaik, PU2 Science B

## International Day of Yoga



Deens PU College celebrated International Yoga Day On the 21st of June, with great enthusiasm and participation from students and faculty. The session was guided by the college's dedicated yoga teacher, Ms. Rajitha, who has been an integral part of the school's wellness program.

She emphasised that the holistic benefits of yoga are not just a form of physical exercise but to achieve mental and emotional balance.

Ms. Rajitha began with a gentle warm-up session, encouraging everyone to focus on their breath and be present in the moment. This was followed by a series of basic asanas. Each pose was demonstrated with precision, along with providing modifications for beginners, ensuring that everyone could participate comfortably. The students and faculty members, dressed in comfortable yoga attire, followed along with enthusiasm.

The session concluded with a guided meditation. A series of mindfulness exercises, to release any lingering stress and tension.

– Dimple Reddy G, PU 2 Commerce

## Kideens, Gunjur



Red Day is a vibrant and exciting event celebrated by our PG, LKG and UKG students. The school buzzes with excitement as children come dressed in various shades of red, symbolizing energy, enthusiasm, and joy. The classrooms are adorned with red decorations, creating a festive atmosphere. Activities include projects where children create beautiful, red-themed artworks and crafts. One of the highlights is the Red Assembly, where UKG children proudly show their peers the things coloured red. This shows a sense of unity and pride among the students. Red Day not only introduces children to reading but also enhances their creativity and teamwork skills. All work and no play makes Jack a dull boy, goes the saying, hence our little ones enjoy painting, playing games with their friends and some exercise too!

-Durga Devdath & Sahana Girish 7A

## Section C- Kideens, Borewell Road



The little ones at Borewell Road had a fabulous June! Brain gym activities, fire in the house roleplay, picture collages on healthy and junk food to finger printing activities and even a rainbow experiment!

With inputs from Ms. Nalini Bathina,

## Kideens, Ramagondanahalli



The month of June was an exciting one for the little ones, some of them joining school for the first time!

They made little take away crafts in first week at school. Red day was celebrated with great joy! In addition to the the common curricular activities across the Kideens campuses.

With inputs from Ms. Shoba Menon

## Section D- Editorial Section- Ms. Chaitra, Faculty- Theatre

Young and enthusiastic, Ms. Chaitra is power packed with creativity. She uses the latest trending styles of dance, music and expression to make an easy connect with the children while she facilitates theatre class for all the grades of our school. She provides a safe space for children to express their emotions thereby improving their self-esteem and mental health. For NEP programs and subject Integrations, she creates interesting modules in Theatre class to kindle creativity while gently fostering confidence and critical thinking skills in students. These sessions ensure a higher retention of concepts taught as part of core subjects. We are delighted that Guru Samman awards has recognized her talent and conferred her with an award as 'Activity warrior' Drama is more than just a platform for showcasing talent—it is a transformative space where students learn life skills that extend far beyond the stage.



**Ms. Chaitra's thoughts on theatre as a medium of learning- Building Confidence and Self-Esteem-**One of the most profound impacts of participating in theatre is the boost in confidence and self-esteem. Stepping into a character's shoes allows students to explore different aspects of their own personalities in a safe and supportive environment. Whether delivering a monologue or participating in an ensemble, each performance is a victory over the fear of self-doubt.

**Enhancing Communication Skills-**Theatre encourages children to express themselves clearly and effectively. Through dialogues and monologues, they learn the art of verbal and non-verbal communication. These skills are important in everyday interactions and can significantly enhance their ability to articulate thoughts and ideas.

**Stimulating Imagination and Creativity-**Participating in theatre stimulates children's imagination and creativity. They get to explore different characters, settings, and scenarios, which can broaden their thinking and inspire innovative ideas.

**Enhancing Empathy and Understanding-**Drama involves the exploration of diverse perspectives. Students must understand and portray characters from various backgrounds and experiences, fostering empathy and an understanding of the human condition. This ability to see the world through someone else's eyes is a crucial skill.

**Fostering Collaboration and Teamwork-**Theatre is a collaborative art form. Whether it's working on a script for events or a classroom performance, children learn the importance of teamwork. Students learn to communicate effectively, share

## Hands and Minds that Worked Together



Student Editors from 7A  
Preity Sriram, Ashlyn Elizabeth Thomas, Durga Devadeth,  
Anagha Nair, Sahana Girish