



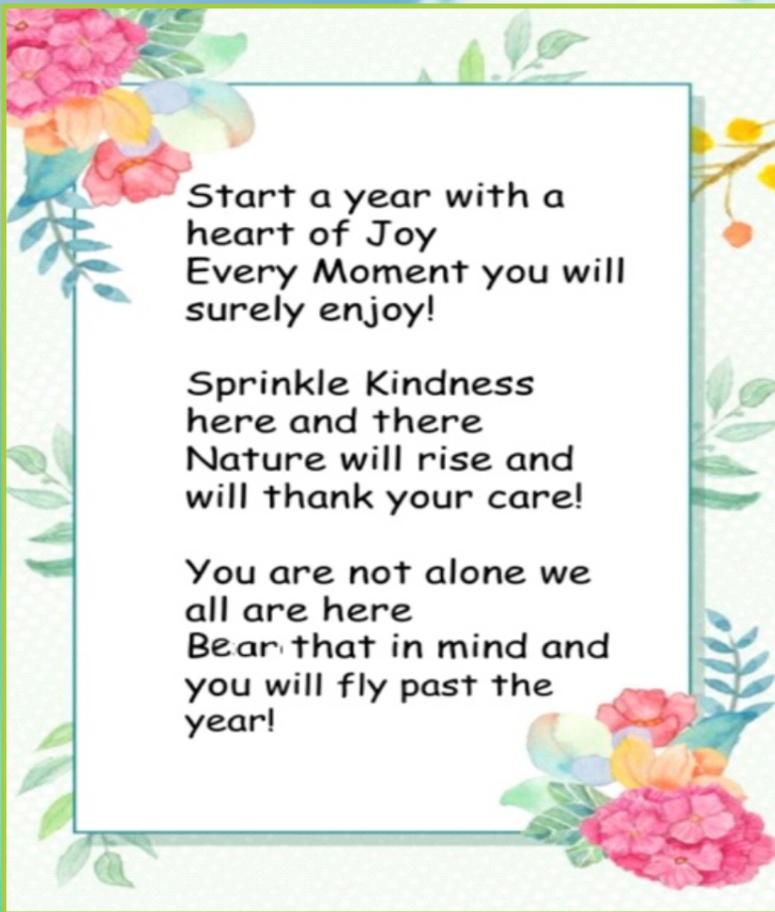
### MESSAGE FROM THE SENIOR PRINCIPAL

While the editorial team of students sign off, with their last edition of the newsletter for this academic session, I can't but marvel at how the children sustained every activity, with the focus and commitment, and this too, the Newsletter, keeping you abreast of the pulse of school life. We fervently hope that we should be able to transition into a normal school routine as we commence the next academic year, putting behind this year of valiant endeavours.

*-Ms. Shanthi Menon, Senior Principal*

### Section 1:

#### 1.1.A poem written by Srimanaswi K: 6C



Start a year with a heart of Joy  
Every Moment you will surely enjoy!

Sprinkle Kindness here and there  
Nature will rise and will thank your care!

You are not alone we all are here  
Bear that in mind and you will fly past the year!

2020 was a challenging year, but has left us with a lot of lessons. This year 2021, has brought along hope and joy. We students have started the year with a different level of zeal. This year, we have found the answers to our questions, puzzles that bogged us and we have a newer perspective, as we see solutions like vaccines, changes in lifestyle, coming in. People have finally started to break out of the prison of negative thinking that dominated the previous year. We are now thinking of a future that would be dazzling and ever expanding.

*Reviewed, reflected and reported by Nirmay Nambiar: 7A*

#### 1.2. New Year's message for the year 2021 - by Swar Band: 3A

*Hope Health Happiness & beyond*

Dear 2021,

I hope you are a great year with no viruses. Hopefully, great happiness will spread across the world. We hope that you can bring us the innovations that will help us to live happily. We hope that you can emanate positive vibes. We also hope that we will be able to enjoy ourselves with our friends and family. We hope that the schools will be filled with the laughter of kids, the temples will be full of devotees. We hope that life will return to normal!

We students think that 2020 has been an unpredictable ride through the pandemic, protests, and many more obstacles that made living life quite hard for us. We should accept that with every passing year, one should leave behind bad memories and mistakes. So now, as we welcome 2021, let us all be positive and cheerful with shining spirits and ambitions for the future. We should promise not to let negative times affect us, in looking forward to the future and working hard to succeed and achieve our dreams and ambitions.

*Reviewed, reflected and reported by Dhruva: 7A*

#### 1.3. "Let us live through the new chapter written in the book called 'Life'. The new chapter that got added is titled as Covid - 19" - by Anushree: 6A

We may be young, or we may be old,  
But we must stand bold.  
We can't visit the shoe-shop,  
Or buy balloons that go pop!

Before you go out, think twice,  
Wear your mask and be wise,  
Don't sneeze or cough,  
Or for others it will be tough.

Once you come home, sanitize,  
Remember to wash your hands thrice.  
Covid-19 is its name,  
With us it is playing a real bad game.

Let us learn and live with it,  
We can and will do this bit by bit!!

This poem describes the tough times we faced with COVID and the new skills we acquired which we thought were not necessary. We learned to adapt to our new situation. Yes, it's true we can't go outside or frolic, but we shouldn't let that get to us. Wearing a mask, washing hands is a definite must. The poem drives this message simply, yet effectively. Let this 'pandemic' remind us all that together when united we are strong like mountains; we can do anything!

*Reviewed, reflected and reported by Adyaa Pandey: 7C*

#### 1.4. Our New Year resolution: "Make your resolution as strong as your strength and as prior as yourself." – by Aafreen: 7B

What makes a perfect New Year Resolution? An idea that shapes and reflects you in a better way, can be considered a New Year Resolution.

Resolutions are often made to do away with bad and useless activities. All activities that are unproductive and yield into nothing, are erased and replaced into new activities that never go in vain and bring productive changes. It's very hard to avoid rampant activities that destroy our lives.



Wondering how to plan for 2021 when you have no idea how to do it? If you're anything like me, your to-dos include work, working out, being healthy, and trying to keep your house organized and your friendships intact.



It's sustainable, of course, but it's not practical.

It's not healthy to live from one to-do to the next feeling like you're not accomplishing anything. Which is why you need to take a step back and plan not just for every day, but for every month too. Every truly great thing that's been achieved has come from a long-term plan.

A plan that sees past the day-to-day and into the future, one, three, five years from now. Follow these ideas to make a good year ahead.



Choose your word  
Set an emotional or  
mental goal



Use a 2021 planner



Climb that ladder

### 1.5. Health, Happiness and Fitness by Jyotsana: 7B

Happy New Year!

How to live a noteworthy year? *Health, Happiness and Fitness.*

Health, happiness and fitness are three concepts that go hand in hand. Our health is the totality of our physical, mental and emotional well being. Let's go about the Health aspect, shall we? Our health is a constant talking point; be it how to deal with illness or just analysing and debunking myths about how to improve its quality. But how about good health? Good health is man's greatest possession. A healthy person is one who can function up to his optimal capacity with ease. Good health helps us to combat stress and handle increasing pressures. Good health cannot be achieved without **fitness** and **happiness**.

How can we be fit? Exercising while blasting my favourite music, adequate sleep, eating a balanced diet are some techniques I follow to keep myself fit. And, happiness? Taking care of our health, being fit and going about our day-to-day activities will eventually lead us to being happy. 'Optimism' also helps us. Being optimistic, keeps the ray of hope alive. A positive mind set and attitude will definitely lead to a better and happy life!

These three aspects of life will guide us to a positive 2021. So, let's keep the masks on, be healthy and happy!

*Reported by Daksh Deelip: 7B*

### 1.6. A ray of Light – a poem by Rachana: 6A

Even though this is the time of crisis  
And we might feel the world is shattered into pieces  
Our hope seems to die  
But yet we continue with our life.

Each day we look at the empty street  
Which once was filled with rhythm and beat  
We keep waiting for the day  
Where we can roam around and play.

Then comes a ray of light from the sky  
Which helps our confidence climb high  
When everyone starts sanitizing their hands  
And their face covered with a huge band.

After the tremendous fight  
We have a sight.  
Of trees dancing,  
And people singing.

The war is not easy  
Every single person has a role  
Your action today changes our tomorrow.

When I read this poem, written by Rachana from 6A, I feel emotions pouring out. The thought of being alone had shaken us, the thought of not seeing the friends had ruled us, until the big news of vaccine had come. That moment, tears of joy poured in, as if we have won a war. She has metaphorically, stated we became like the dancing trees. And, that scream of joy comes because the people who gave up their family, their time and put efforts to rescue millions of other families. They are our dearest heroes, our medical professionals. It is just like the iron man who sacrificed and for a good cause. In reality, the doctors and the health workers are our real iron men. I felt that the poem is very beautifully written.

*Reviewed, reflected and reported by Sarvesh:7C*

### 1.7. Image by Roshna Rizvi: 2B



New year 2021!

Finally, our selfless and prestigious doctors and scientists have come up with a solution to keep the Coronavirus pandemic under our control. The discovery of the vaccine for this disease, that has been haunting us for a long time, has proved to be a real blessing. The shot has not only helped to reduce the number of deaths, but also has helped to decrease the number of people getting affected by the COVID 19. The vaccine has proved most useful to the migratory workers, who can go about their business without fear of contracting the disease. It has also reduced fear among the doctors and elderly people. Altogether, the vaccine has really helped the people to get back to the 'Old Normal'.

*Reflected and reported by Nikitha: 7B*

### 1.8. Image by Nidarshan 2D, reported through a reflection work by Nishita K. 7B

As the COVID-19 vaccine has arrived, everyone has begun to feel a new hope within them. The hope and happiness is belonging to the 'Old normal', it has started to restore in our lives. A factor in our environment and nature around us, 'The Spring season' has started, and flora and fauna have begun to thrive. This has been creatively represented by my friend Nidarshan of class 2D, in the form of 'Chitra varnan', as we call in Hindi or Picture writing in English.

He has expressed that with the start of spring season, colourful butterflies are fluttering in the sky, the weather is quite pleasant, the kids are happily playing because the lockdown period has successfully ended and the birds are flying with joy. This is done in an artistic way where he has pictorially comprehended. He has drawn a well, few children playing and big tree, around which the butterflies are fluttering. With the start of spring season, a new life has started and things have begun to restore with peace, happiness and joy. A beautiful work, indeed!



### 1.9. A shiny New Year - a Poem by Tanisha B: 5B, reported through a reflection work by Rohin K: 7B

In this poem, Tanisha is describing a start of a new year. The poem is expressing hope and good wishes and is hoping the year to be pleasant and ideal. The way Tanisha has demonstrated the emotions in this poem, in a crisp format adds beauty to the poem.

Poem name: A shiny new year

And so, it begins,  
A shiny new year.  
May it bring you fresh insights!  
New beginnings and thoughts.  
Hope, health, happiness and beyond.  
May it bring you love and peace!

### 1.10. Life, a wonderful word! – A thought provoking message from Debanjali: 7B, reported by Debanjali & Tanya: 7C

Life..... a wonderful word it may seem. One may describe it as just a bundle of emotions, while others may state that it's a chance to seize opportunities. To start with - I think life is not only about opportunity. You see, whenever people get a chance, they take it. I don't say it's bad, but not all suggestions or chances given to you by somebody are the right ones. It's your call to make. For instance, say your best friend says that you should go to the party, but your Mom tells you to study. Trust me, I would take the obvious choice. Wouldn't all of us? Going to the bash! Before even replying, we would start thinking about so much fun we

would have there. You see, this is where the hitch starts. We don't even consider whether the decision was right or not. Assuming it is right we go forward.

Now, I don't want you to break your head on this. I just don't wish to provide you with a packet of problems. What do you think the solution should be? I feel that we should think sensibly. Do you think going to the party will make you pass the exam coming up tomorrow? Well, if you are absolutely prepared and have read from before like a wise bird, then good job. I have nothing to say. But in case you haven't, then I think it would not be too late to reconsider. It's never too late to do something that must be done.

Moving on, 'emotions'. I agree strongly that without emotions, we couldn't call our life 'a life' anymore. Be it sad or happy, what is life without a few bumps on the road? Some people go through tough phases in life. Some come out of the pressure successfully, but some give up. You know, this phase is just like the process of turning coal into diamond. Coal put through too much pressure, becomes a diamond. This way if we sail through this pressure, we will also emerge victorious.

People might give you suggestions but it's your life. Live it the way you want. For ordinary people like you and me, by the grace of god, we have everything that we ever wished for. Sometimes we might think that we don't get everything we want. At this point of time (which am sure comes very often for some) I want you to take aside a few minutes and think about those unfortunate people who live on streets. They don't have blankets to cover themselves with, on chilly days of winter. They don't have shelter the boiling heat overhead. They don't have food and starve many a times, cutting their needs to below the basic levels. While some people become celebrities and have so much money that they don't know what to do with it.... I hope you understand what I am talking about. Life is different for everyone. We should enjoy it, explore it and make more out of it and above all value it!

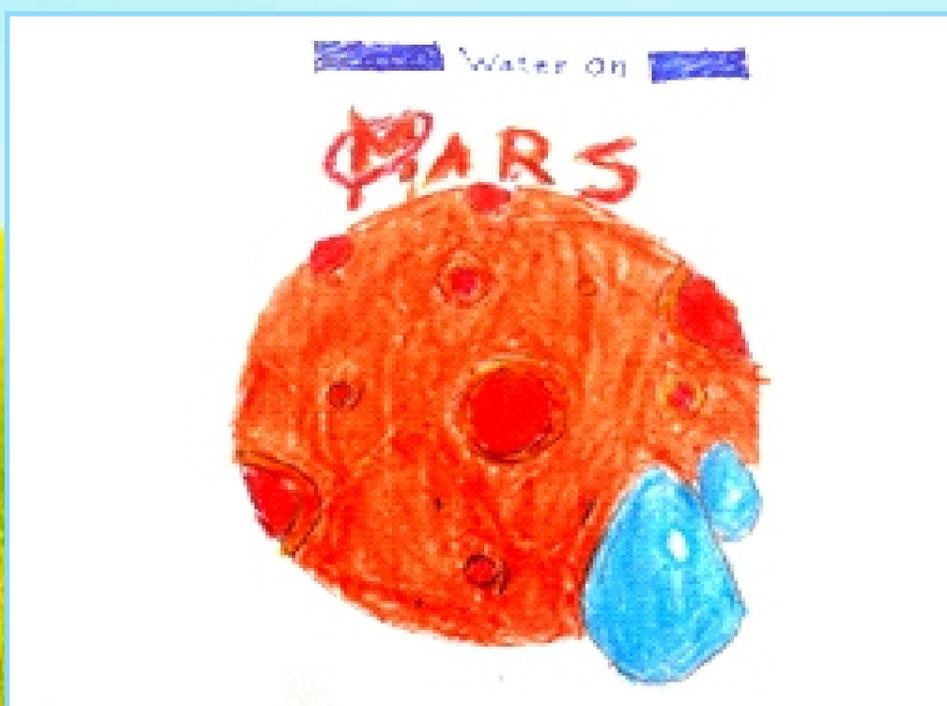
Thank you!

**Section 2 – Image by Kanishk: 3E, reported through a reflection work 'The Mars Mystery', by Amrita Das: 7A**

Space is a near-vacuum between celestial bodies. Somewhere amidst this nothingness lies our solar system that consists of planets, asteroids and other celestial bodies revolving around the Sun, a star. And amongst these planets is Mars, a world full of mysteries.

Mars, the fourth planet from the Sun, is named after the Roman God of war. It is the seventh largest planet in our solar system with a radius of 2,016 miles. Several billion years ago, its red and rusty surface had liquid water and maybe even life. At present, it is a cold and barren desert with a few signs of liquid water possibly having microbial life beneath its surface. Almost all water on the surface of Mars exists as ice. Small quantities of water vapour can also be found in its thin atmosphere which is primarily composed of carbon dioxide, nitrogen and argon. Mars is home to the solar system's largest volcano, Olympus Mons, which is about three times taller than Mt. Everest.

With the ongoing research and exploration on Mars, it is possible that one day, the Red Planet would turn out to be a habitable place for us human beings.

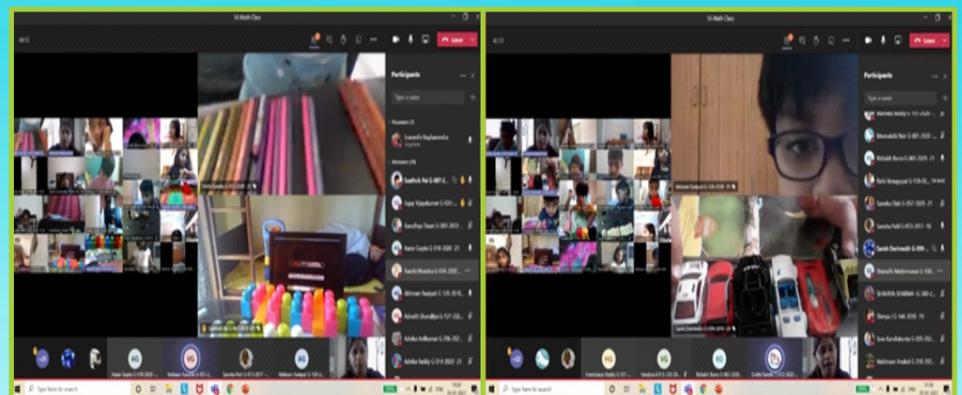


**Section 3: FUN WITH PATTERNS – Activity conducted by teacher Ms. Sravanthi for Grade 1, reported by Navya Bhattacharya: 7A**



A pattern is a definite order or sequence of objects that repeat in a logical way. Learning about patterns is a basic math skill that will help kids get accustomed to more advanced math concepts at a later stage. Teaching children patterning in the classroom can be fun with some hands-on activities. It will help them learn it in a better way. In this picture we can see how the students of grade 1 had their own share of fun, learning about patterns in their Math class. The students used objects such as stationery, blocks, cars and, shoes of toy figures that they had around them, to create simple, yet interesting patterns. Children learn best by doing – touching and manipulating 3-D objects help to retain the information and concepts students learn, more easily.

Patterning can definitely help children as they get used to harder concepts in higher grades. It is a basic tool that can help them develop their abilities in Mathematics.



**Newsletter Team:**

**Mentors: Ms. Mumtaz B. and Ms. Mary Judith**

**Newsletter team for December 2020 to February 2021**

7A	7B	7C
Kate	Nishita	Debanjali
Innila	Aafreen	Adya
Mitali	Nikitha	Mayank
Navya	Daksh	Sanyukta
Amrita	Avni	Sarvesh
Dhurva	Vansh	Tanya
Nirmay	Rohin	Vedant