



GUNJUR CAMPUS

DEEN-A-LOGUE

NEWS LETTER / JANUARY 2020

MESSAGE FROM THE PRINCIPAL

"A new group of enthusiastic student journalists of grade 7, put together for you the monthly newsletter and I wish them 'happy journal-ing' As they report the myriad happenings within school, I am certain you will notice therein an indulgence in the theme we have adopted for this academic year 'We Care' - caring for the environment, caring for the community and caring for ourselves"

Our Sports Day @Deens Academy, Gunjur for the academic year 2019-2020

You are never really playing an opponent, you are playing yourself, your own highest standards, and when you reach your limits, that is real joy - Arthur Ashe

Practicing the spirit of sportsmanship, the much-awaited event Sports Day was held on 29th November 2019. All the students from grade 1 to PUC took part with great zeal and fervor. The programme began with the hosting of school flag by our Principal Ms. Shanthi Menon. She addressed the gathering with her inspiring words. This was followed by the spectacular, impressive and well-synchronised March past, by the four houses' contingents. Our school band displayed a well-coordinated performance, to keep the spirit of the Sports Day high. The torch was lit and the oath administered, which was followed by a lovely rendition by the choir, to motivate our Sports players.

We had a splendid display by Grades 1 to 3 students. Their dumbbells denoted their fitness levels. Once the races began, the air was filled with cheers and encouragement for all the young athletes. The students competed in the track-events like sprint, 400mts, obstacle race, hurdle race and relay. There was a healthy competition felt, amongst all the participants. The most intriguing aspect of the event was - the mesmerising drill by the students of Grades 4 to 9. It was a beautiful combination of yoga, karate, zumba and dance; giving us a message that there are a variety of ways to keep our fitness level high. To conclude the event, all the students proudly walked-past through the ground. Grade specific best sports person awards were given. Rubrus house grabbed the rolling house trophy for the year. This day is a pathway for the teachers to connect with children from all the grades. The parents were pleased to see their children cross their boundaries and meet their set goals.

Indeed, a lesson for us for life - Perseverance and endurance lands you at the destined place.

-Student Team for this newslines: Pavitra. Arushi A S. Rutvi. Diva [7C]



Sharing our thoughts and ideas - TEd talks being our long term motive:

This is continuing from where we left in the December newsletter. Amidst all other school work, this is one grade specific activity where we students are churning ideas and are exploring different ideas/topics in our monthly TEd classes - so that we can contribute to a larger set of people in the long run.

Some students, who managed to take their ideas to the stage - 'a structure and clear idea':

Dhruv Venugopal from 7A shares - I am preparing for a talk on 'the protests on Brexit'. I chose this topic because I want to spread awareness about these events. Being aware, people can then prevent it or then solve the problem easily, if it again occurs. I researched through the sources like BBC homepage, Quora and some newspapers. World economics, invites my active interest. It's indeed mesmerising!

I, **Manas Karia** from 7A, am doing a talk on 'Happiness'. I chose this topic because I don't want to see gloomy faces every day, but happy and cheerful ones. So that we all can feel better. I got my information from websites like 'The Guardian' and I interacted with people in my class. I want to contribute to the society at large by uplifting my country India, from being the 140th in the global happiness index to a better place. I am in the process of researching this soft and important side of life and its emotions can be reached to people through the skills I entail.

I, **Vedika Ramakrishnan** from 7A, am preparing for a talk on 'Hydro-Gills', an idea/invention of mine. I chose this topic because we can't stay underwater forever. So, I decided to invent some device or tool that would enable us to have unlimited oxygen underwater. For this, I researched underwater breathing mechanisms and hydrophobic; hydrophilic materials for the design. I also referred workings of human villi and gills of fish. I am also researching on other ideas that are already shared and worked out by others. I want to contribute to society by implementing this 'idea', so people realize the importance of 'being with oceans positively'. I really want to get a patent. Most importantly, it will encourage full time training and improve the quality of diving equipment; making it easier for humans to experience and enjoy underwater recreation.

From Grade 7C: For the month of January, an interesting topic has been chosen; which is 'making and narrating horror stories effectively'. This creative idea is being prepared by **Aarushi A.S** and **Aarushi Sinha**. These makers feel that the most important point which should be in the mind of the author is plot of the story. While writing a ghost story, the following points should be considered: suspense, the ongoing events should be mixed with flashback and the reader should have no clue what will happen later. These stories are mostly related to death and the beginning of these stories are either in haunted houses or graveyards. The story should be mysterious and a twist should be there in every bit to grab the reader's attention.

Fahad from 7C, has come up with another interesting idea - 'a fly head bot'. This robot will consume noise pollution. Fahad wants to become a robotic engineer. This is one of his startup idea to launch his career, which he is planning for. He has been working on it for a while now. It consists of a diaphragm, which will absorb noise, helped by two electromagnets. Once this robot absorbs noise, it will appear to fly. This is why the name 'fly head bot' is given to it by him.

I feel that this project is one of his best works and also it is helpful for the society at large, need of the hour kind of!

-Student Team for this newslines: Mehul [7A], Anna and Lipi [7C]

Sharing is Caring - A message from PG Toddlers

As a continuity of their Christmas activity, in the third week of December 2019 the toddlers of PG had a fun activity conducted called "Sharing is Caring". In this activity the students exchanged gifts with each other. Students who usually don't mingle also explored to open up and interact. The teachers facilitated the process in a way that they come out of their comfort zone and communicate with all. The students made new friends, strengthened their bonds with the existing friends and also expressed themselves to care, inquire about the well being of each other and also have a feeling of being special, upon receiving these inputs from classmates.

For us adolescents -the 7th graders, it's 'Value of Friendship'!

-Student Team for this newslines: Rohini and Evelyn [7B]



Circle time- "Bal-A-Vis-X" activity

What is Circle time? Circle time refers to any time that a group of people are together for an activity involving everyone. The whole class takes part in Circle Time at the same time, led by their class teacher.

Circle time benefits: It helps us to develop positive relationships between us class students. It aims to gives us tools to engage with and listen to each other. Some of the recent activities done during our Grade 7 - circle time have encouraged unity, respect, turn-taking, knowing our emotions and choosing in conformity with our environment i.e school. Some other activities also help us to work on skills like focussing and concentrating. For example: Bal-A-Vis-X [BAVX].

Bal-A-Vis-X is for everyone: For attention deficit – impulsivity decreases and ability to focus increases. For many other students – physical coordination improves and stress and headaches diminish. Basically, BAVX teaches focused attention, cooperation, self-challenges, and peer learning. Students work together to perform the exercises to improve full-body coordination and focus.

We, students of 7B have been exploring this activity for the past few weeks, during our circle time. We are just loving it! The tool we use is a rubber ball. It is used to bounce and then catch/hold it - in sync with our partner, to bounce it back in a self governed rhythm. We must not interact vocally at all during this activity; which is a very difficult task for us students. What clicks is our focus and attention on the ball and the understanding of its movement within the group of students, who are participating. Process, I can recollect even while I am not doing it and I am at peace is - 'Sync - Focus - Sync'.

-Student Team for this newslines: Student Abhinav J. [7B]



Exam Fever - a fever we students will cure again, in the New Year 2020!

Formative Assessment 2 [FA2] for Middle schoolers

We students are in continuous process of learning new academic topics of different subjects, in our classrooms. FAs measure learning on each lesson learnt for a particular period. The 2nd Formative assessment for 2019-2020, was held in the first week of January, 2020.

We interacted with few teachers to understand - why are FAs held? Formative Assessments test our basic level of understanding. We students revise smaller part of our yearly portions. It also checks our knowledge and gives us a platform to apply it; we express through our written expressions and through subject specific SEAs - Subject Enrichment Activities. Actually, in the process we also test ourselves. We learn what has been taught, equip ourselves with skills to then readily present our knowledge. To this, our respective subject teachers give us feedback. Feedback helps us students to know where we are lacking. Thus, the results provide the basis for advancement or repetition to master our subject specific knowledge and skills. Also, our teachers get a real-time view of student's progress and then support us better.

All this helps us to know why are we giving our exams and what is our role as students, thus!

-Student Team for this newslines:Pavitra ,Rutvi , Aarushi A.S, Dia [7C]

2020 - the New Year, a phase to set new targets and revise existing

-an inspiration to us from for our seniors students:

@9th grade

January 2020!!! Beginning of the year! All of us have so much excitement flowing all around us. But, what if a student starts the year with pre-boards? Surely, there will be a rush of anxiety. This exam is one where you get judged, it decides your future. This feeling is bitter and sweet, both. The pressure burdens on you, when you have a dance competition coming your way! Let's look into some bright, scary, joyful, anxious and gleeful sentiments of the 9th graders.

Tiya - is the Flavus house captain. With the support of the vice-captain, she managed the preparation for dance competition. Speaking of her, Tiya herself is one of the best dancers in the school. When it comes to studies, she targets to score above 90%. She studies at home and takes a few breaks in between. At home, she is all about studies, while at school she does all she can to make flavus house win different competitions.

Manaswini - is the Rubrus house vice captain. She has a lot of experience in managing dance, especially after managing the sports day drill successfully. She intends on getting better marks for this year and thus is working on her concentration skills; a key step to improve for her pre-boards.

@10th grade

Being in 10th grade is like- 'floating on a cloud, as well as being stung by a bee'. A lot of students in 10th grade have new beginnings to ace and make it a memorable year. Recently, they also had a field trip to TVS motors. We journalists managed to meet some students to have an understanding of their thoughts, this month - the starting of 2020.

Mehak - is a student of grade 10. As a new beginning, she wants to improve as a better human, as well as improve in her studies. To manage her boards, she studies on a daily basis for 2-3 hours with breaks. Going to TVS motors, she learned how they manufacture and fix cars. It was pretty educational for her.

Deeptigya- We all know Deeptigya as a Deens' sportsperson. He updated us that he is working harder and smarter this year for his academics, for sure. What else has he done to improve for 2020? As a hobby, he loves photography. He goes for running lessons and wants to improve his speed. He wakes up in the morning to run a few kilometers and do a few exercises to improve his strength and stamina. For 2020 he wants to focus on doing things he loves, like photography and athletics.

Balancing our routine, with studies, nurturing our hobbies, while taking charge of our life is the message our seniors are giving us!

-Student Team for this newslines:Shreya and Ananya [7A]

Special assembly of Grade 5

Gratitude is the completion of thankfulness. Showing gratitude is one of the simplest, yet most powerful things humans can do for each other.

To share this beautiful message, a special assembly on the theme 'Gratitude' was organized on 22nd January 2020 by the students of grade 5. The assembly began with a skit enacted by the students, followed by a heart melting song sung by the students titled 'Love you Zindagi', which conveyed to live life to the fullest. Every bit of the show was exquisite and bagged claps and appreciations of all. It was heartening to see children of grade 5 displaying wonderful renditions. Motivated set of students and the exhibition of teamwork were the striking features!

-Student Team for this newsline: Suravi, Lipi and Amritha [7C]



Special assembly of Grade 8

Morning sets the day and the assembly paves the way for the students, to rejuvenate their spirits remain rooted to the moral values and unleash their vitality.

The special assembly of grade 8 was held on 18th December 2019. The assembly highlighted the importance of 'positive thinking'. Students began their presentation by seeking the blessings from almighty. Students dressed in colourful attire, presented a vibrant classical dance. The melodious songs by the choir resounded the whole premises. A feet tapping dance performance on the Bollywood number was the charm of the day. Further students presented a motivational street play, informing us all about - 'the capabilities and strength of the girls'. Everyone was spellbound watching the skit, which gave a beautiful message to 'think positively'. The occasion was graced by the presence of our Principal Ms Shanthi Menon. It was an exhilarating show. All the students participated enthusiastically and it was indeed a great learning experience for them.

-Student Team for this newsline: Pranav and Anna [7C]



Fun with Physics - our scientific brains from Grade 6

Physics is a branch of science that deals with the structure of matter and explains how the constituents of the universe interact. The students of grade 6 love physics and showed how the principles of oscillation and magnetism can be learnt in a very practical and creative way. They learnt oscillatory and periodic motion by making their own simple pendulum, using simple materials like cardboard, string, rubik's cube and sponge etc.

Another fun project they undertook was making toys using different principles of magnets. They have made simple toys like magnetic cars which move when two magnets repel, fidget spinners and other useful items like easy-to-use purses. They enjoyed the process of making these articles and were happy to present their hard work to their teacher.

They did this without any external support, created the projects entirely at school, performed independently and lived up to the teacher's expectations. Such an approach towards the subject made it much easier for them to learn topics like magnetic force, oscillation, periodic motions, electromagnetism and separation of substances, which are viral lessons for the young brains.

-Student Team for this newsline: Jayram and Naina [7C]



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