



What is Roll Ball?

The Roll Ball is invented in India and gifted to the World of Sports in the month of February 2003. Within 14 years, the Game is popularized at National as well as International Level. 40 National Championships, 10 International Championships, 3 south Asian Championship, 2 Asian Championship, 4 World Cups of Roll Ball were successfully carried out with overwhelming response. The Roll Ball is a game played between two teams. Roll Ball is played on “SKETES”. Each team consists of 12 players 6 on the field and another 6 will be substitute. The main objective of the game is to score maximum number of goals within a stipulated time. The main feature of game is that the ball is held on single or both the hands, even when passing on to the other players, and is repeatedly bounced on the ground. This game is played on any hard surface. It is game which is fast and thrilling and electrifying, this exiting game was introduced by highly talented personality, great human being, and work in excellence **Mr. Raju. R. Dabhade**, who is associated with MES Bal Shikshan Mandir English Medium School as a Physical Education Teacher. The

Roll Ball is combination of **Skating, Handball, Throw ball and Basketball**. This game stands on Balance, Accuracy, Speed and Teamwork.

The above game is affiliated to: **Roll Ball Federation of India and International Roll Ball Federation**. Recognized by: **Indian Olympic Association, School Game Federation of India, All India Universities and Ministry of Youth affairs and Sports, Govt. of India**. The Roll Ball Association of Karnataka is trying its level best to popularize this India Born Game throughout the Karnataka

Roll Ball Association of Karnataka:

➤ Milestones:

- Participated in Under 11, Under 14, Under 17 and Senior Roll Ball National Championship 2017.
- Successfully conducted Senior Roll Ball National Championship at Belgaum, Karnataka Team has qualified to Federation Cup 2018.
- Naga Sai Manikanta Polisetty and Nikhil R Chindak from Karnataka Represented Indian Team in Indian Roll Ball Team in 3rd South Asian Roll Ball Championship 2017 at Kathmandu, Nepal.

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ROLL BALL ASSOCIATION OF KARNATAKA (R)

AFFILIATED TO:

Roll Ball Federation of India
International Roll Ball Federation

Recognised by:

Indian Olympic Association
MINISTRY OF YOUTH AFFAIRS & SPORTS, GOVT. OF INDIA
School Games Federation of India



Roll Ball is one of the fastest game in the modern World of sports. Coordination, athletics, creative techniques, balance, accuracy, speed and teamwork, variable and tactical interaction, combined with a good team spirit are the characteristics of this attractive sport. This game for students can easily be organized within a short time. In that Coaching session we can train them through following Skills.

➤ Under the age of 8 years:

- Ball handling
- Catching
- Throwing
- Playing together
- Shooting

➤ Under the age of 14 years:

- Ball Handling
- Catching
- Throwing
- Dribbling
- Shooting
- Passing and Feinting
- Playing Together
- Basic technical skills in offence
- Individual technical and tactical skills in different positions in offence
- Crossing and piston movements in the offence
- Fast break
- Improving leg work
- Tackling an opponent
- Blocking shots and intercepting the ball in defence
- Positioning and cooperating in defence
- Taking tactical initiatives in defence